



Kids School Tennis Holiday Program

Participant Guidelines

To ensure all children have a **safe, fun, and positive experience**, please read the following guidelines carefully:

1. Arrival & Departure

- Please arrive **5-10 minutes before the session** starts to allow for check-in and queries
- Parents/guardians must **sign children in and out** at the designated area
- Children are not permitted to leave the program area without a supervising adult
- Coaches must be informed if child is being collected by an alternative adult than registered

2. What to Bring

- **Tennis racquet** if you have one. Sufficient equipment available on the day
- **Hat, sunscreen, and water bottle** (stay sun-safe!)
- Comfortable **sports clothing and non-marking shoes**. No shoes with studs please.
- **Morning tea** (suggest piece of fruit and light snack)
- **Lunch** if staying for full day program (Grounded lunch orders available)

3. Safety & Behaviour

- Children are expected to **listen to coaches and follow instructions** at all times.
- **Respect for others** is essential — bullying or unsafe behaviour will not be tolerated.

- Coaches reserve the right to **remove participants from activities** if behaviour poses a risk to themselves or others.
- Safety vests are provided on arrival to all participating children. For safety reasons, we do request that children do not remove this vest until the end of their session.

4. Sun Safety & Hydration

- Hats **MUST** be worn during outdoor activities (no hat no play)
- We request that sufficient sunscreen is pre-applied prior to arrival. Additional sunscreen is available for kids to reapply during the day as necessary.
- Coaches will provide **regular water breaks**; please encourage your child to drink frequently.

5. Medical Needs & Allergies

- Please **inform coaches of any medical conditions, allergies, or medications** prior to the program.
- Any required medications must be clearly labeled and handed to a coach with instructions.

6. Equipment & Personal Belongings

- Tennis & Pickleball WA coaches are **not responsible for lost or damaged items**.
- Please **label all personal belongings** clearly.

7. Program Changes & Cancellations

- Sessions may be **rescheduled or cancelled** due to weather or unforeseen circumstances.
- Parents/guardians will be notified via **email or phone** if changes occur.

Should you have any queries relating to our Holiday Programs, please don't hesitate to contact me direct on 0421 482 973 OR fitsportswa@gmail.com

Alternatively, you can speak with North Shore direct on

0478 610 680 OR enquiries@northshore.org.au